

# Outdoor Recreation (REC)

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**REC 236. Intramural Recreational Activi. 3 Credits.**

A course designed to teach leadership, basic skills, rules, and techniques for various recreational games. Practical student experiences in directing all phases involved within an ongoing intramural program; scheduling, league organization, publicity, and team point computations.

**REC 307. Community Recreation. 3 Credits.**

Study of community recreation programs with regard to their activities, organization, administration, leadership, planning, special problems, and evaluation. Practical student experiences within an ongoing intramural program may also be included.

**REC 388. Outdoor Education. 3 Credits.**

Introduction to the concept of outdoor education and its relationship to physical education; includes basic outdoor skills and the safety requirements involved. Offered alternate even years during Fall Semester.

Course Fees: \$8.60