

Coaching (COA)

COA 205. Introduction to Coaching. 3 Credits.

An introductory course encompassing the general duties and responsibilities of coaches in all sports including philosophy, organization, administration, and supervision.

COA 210. Intro to Sports Officiating. 2 Credits.

Students will learn the current rules/regulations of the major team sports offered by schools in Montana and proper techniques of officiating these sports. Sports included are football, basketball, volleyball and softball. Students will also learn the process/requirements of becoming a MOA official for these and other sports.

COA 215. Basic Athletic Taping. 1 Credit.

Practical experience in learning basic athletic taping techniques. Some injury evaluation and exercise rehabilitation included. Course Fee: \$15.00
Formerly HPE 215.

COA 240. Coaching Volleyball. 2 Credits.

A study of training techniques, offensive and defensive strategy, selection of team, methods of conducting practice, and utilization of personnel.

COA 242. Coaching Football. 2 Credits.

A study of training techniques, offensive and defensive strategy, selection of team, methods of conducting practice, and utilization of personnel.

COA 245. Coaching Basketball. 2 Credits.

A study of training techniques, offensive and defensive strategy, selection of team, methods of conducting practice, and utilization of personnel.

COA 246. Coaching Softball/Baseball. 2 Credits.

A study of training techniques, offensive and defensive strategy, selection of team, methods of conducting practice, and utilization of personnel. Formerly HPE 345.

COA 256. Coaching Track/Field. 2 Credits.

A study of training techniques, strategy, selection of team, methods of conducting practice, and utilization of personnel. Formerly HPE 342.

COA 258. Coaching Wrestling. 2 Credits.

A study of training techniques, offensive and defensive strategy, selection of team, methods of conducting practice, and utilization of personnel.

COA 260. Coaching Gymnastics. 2 Credits.

A study of training techniques, selection of team, methods of conducting practice, and utilization of personnel. Formerly HPE 346.

COA 262. Coaching Swimming. 2 Credits.

A study of training techniques, selection of team, methods of conducting practice, and utilization of personnel. Formerly HPE 347.

COA 291. Special Topics: Coaching. 2 Credits.

Courses not required in any curriculum for which there is a particular one-time need, or given on a trial basis to determine acceptability and demand before requesting a regular course number.

COA 292. Independent Study. 2-3 Credits.

Provides an opportunity for students to engage in directed research and study on an individual basis rather than in a formal class environment.

COA 407. Issues in Competitive Athl. 3 Credits.

A study of individual administrative, supervisory, and organizational problems directly related to athletics as they affect the coach, athletic director, or profession.

COA 498. Cooperative Education. 1-12 Credits.

A planned and supervised work-learning experience in industry, business, government, or community service agencies related to the University program of study. Prerequisites: two semesters of attendance at Montana State University-Northern, approval of advisor, Dean of the College of Technical Sciences, and cooperative education coordinator. Pass/Fail Only.