

Health Enhancement (HEE)

HEE 300. PE in the Elementary School. 3 Credits.

This is an exploration of teaching skills and strategies for elementary physical education. Topics covered include selection, practice and application of games and activities to aid in developing skills, fitness, and attitudes and appreciation for physical activity by the elementary school age child (K-6). Personal and education values for the teacher candidate will be incorporated throughout. Curriculum development and selections is also discussed. Prerequisite: Admission to Teacher Education, EDU 380 and HPE 376. If this class is taken at the 500 level, it is a graduate course. Students taking this as a 500 level course should expect to be required to do additional coursework to demonstrate advanced knowledge required to fulfill graduate level coursework. In addition, students will be graded more stringently reflecting the graduate level expectations.

HEE 303. Methods Lifetime Fit Act. 3 Credits.

This course is designed to give students exposure to a variety of fitness, sport and game activities that are utilized in the middle and high school health promotion programs of many Montana schools to promote lifetime fitness activities. Emphasis is placed on skills development, skills progression, and evaluation of motor performance as well as lifetime enjoyment. Safety and organization of units and curriculum are also discussed.

Course Fees: \$10.75

HEE 310. Methods of Adapted HE. 3 Credits.

This course is a study of the diverse and complex nature of disabilities and the role of physical education for the handicapped. Organizing and administering programs for students with special needs, selection of methods used in assessment and evaluation, lesson development, implementation and evaluation are covered. A 20-hour field experience is required, working with individuals with developmental and physical handicaps. Prerequisites: Admission to Teacher Education, EDU 380 and HPE 376. If students take this class at the 500 level, it is a graduate course. Students taking this as a 500 level course should expect to be required to do additional coursework to demonstrate advanced knowledge required to fulfill graduate level coursework. In addition, students will be graded more stringently reflecting the graduate level expectations.

HEE 340. Methods of Health Education. 3 Credits.

As health educators try to influence behavior change through cognitive education, methods to achieve this are unique. This course is designed to expose teacher education candidates to those techniques. This course will cover, extensively, the Health Enhancement Curriculum Model and Health Enhancement Curriculum Standards released by OPI to familiarize students with the requirements of all K-12 teachers in the State of Montana. National health education curriculum standards as well as ethics in health education will also be addressed. Co-requisite: EDUC 339. Pre-requisite: Admission to Teacher Education, EDU 380 and HPE 376.

Course Fees: \$10.75

HEE 376. Assessment in Health Education. 3 Credits.

This course is designed for candidates to learn the various ways to administer, analyze, interpret and utilize various tests in health and physical education. Basic statistical manipulation/analysis and test construction will be covered as well as test validity/reliability issues. Alternative and authentic testing issues will also be addressed. Prerequisites: M 121/145, junior standing, Admission to Teacher Education for HPE majors/minors. Only offered Fall Semesters. Co-requisite: EDU 380 for HPE majors.

HEE 392. Independent Study. 3 Credits.

Provides an opportunity for students to engage in directed research and study on an individual basis rather than in a formal class environment.

HEE 395. Field Experience in PE. 1 Credit.

This course is a field experience in health and physical education. Candidates who have opportunities for work/volunteer experiences in health and physical education/health promotion outside of their coursework may register for this course to reflect these experiences. This course may be repeated for credit up to a total of three credits. Candidates working with children may be required to complete a background check; all candidates should have professional liability insurance. Prerequisite: Consent of instructor.

HEE 435. Curr Planning in HE. 3 Credits.

Health and Physical Educators must be able to organize and administer a K-12 Health Enhancement program, including budget development, risk and safety management, program and personnel evaluation, equipment purchasing and storage, policy/procedure development, record keeping, and facility design, management and utilization.

HEE 490. Undergraduate Research. 3 Credits.

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HEE 492. Independent Study. 3 Credits.

Provides an opportunity for students to engage in directed research and study on an individual basis rather than in a formal class environment.

HEE 498. Cooperative Education. 1-12 Credits.

A planned and supervised work-learning experience in industry, business, government, or community service agencies related to the University program of study. Prerequisites: two semesters of attendance at Montana State University-Northern, approval of advisor, Dean of the College of Technical Sciences, and cooperative education coordinator. Pass/Fail Only.

HEE 499. Senior Thesis. 1-12 Credits.

Senior Thesis.