

Counselor Education (CNSL)

CNSL 502. Professional Ethics. 2 Credits.

This course examines the basis for ethical judgments and explores ethical responsibilities to clients, colleagues, organizations, and society. The course will provide the student with an introduction to the ethical and legal issues presently facing professionals in the helping professions. The emphasis of the course is on the ACA Codes of Ethics and legal requirements for counselors, psychologists, and other helping professionals who work with clients.

CNSL 506. K-12 Counseling Progm Dev & Admn. 3 Credits.

In this course the student will examine all the elements involved in planning, developing, implementing, administering, supervising and evaluating (including placement and follow-up data) a comprehensive K-12 guidance and counseling program. Educational philosophies, school curriculum patterns, federal and state rules and regulations, including IEFA are presented. Effective consultation skills with students (clients), parents, families, teachers, school administrators, and other allied professionals will be emphasized as an integral component of the comprehensive guidance and counseling program.

CNSL 508. Theories of Counseling. 3 Credits.

In this course the student will examine counseling theories which provide the student with models to conceptualize client presentation and help the student select appropriate counseling interventions. Student will be exposed to models of counseling that are consistent with the current professional research and practice in the field so that each student will develop a theoretical foundation of counseling. In addition, this course will provide an orientation to counselor characteristics and behaviors that influence the helping processes.

CNSL 517. Counseling Skills & Practice. 3 Credits.

In this course the student will gain an orientation to wellness and prevention as desired counseling goals and understand counselor characteristics and behaviors that influence the helping professions. The emphasis will be on students developing skills to analyze their own counseling style and performance. This analysis will grow out of skills' development and theoretical applications experienced in the course. Students will be able to better conceptualize their theoretical framework, discuss the counseling process, and implement interviewing and counseling skills through a combination of didactic and experiential activities. Prerequisite: CNSL 508.

CNSL 521. Addictions Counseling. 2 Credits.

In this course, counseling students will engage in learning about a variety of theories and etiologies of addiction and addictive behaviors. This course will assist the student to recognize the signs and symptoms of substance abuse, and the potential for substance use disorders to mimic and coexist with a variety of medical and psychological disorders. Theories of addiction counseling and application of these theories will comprise a significant part of this course. Students will develop skills in determining the stage of the addiction process and the client's readiness for change using the transtheoretical model, identify level of treatment need on continuum of care, and develop a treatment plan that addresses complex co-occurring issues. As part of these activities, students will develop their own psychoeducation model of addictions for use with clients.

CNSL 522. Group Dynamics & Counseling. 3 Credits.

In this course the student will examine the theory and techniques of groups counseling. Course topic areas will include: group dynamics, the types of groups, the stages of the group process, therapeutic forces within the group, etc. Student will participate in group experience and facilitate the group process. Prerequisite: CNSL 508, CNSL 517, and permission of instructor.

CNSL 525. Child & Adolescent Counseling. 3 Credits.

In this course the student will engage in a comprehensive overview of abnormal child and adolescent behaviors and their complex etiologies, with emphasis on the current edition of DSM classification system, differential diagnosis, and treatment considerations. Students will also explore historical and current view, theories, and models of childhood disorders. Topics will include an understanding of development crises, psychopathology in children, situational and environmental factors that affect both normal and abnormal behavior.

CNSL 530. Life Span Dev & Adjustment. 3 Credits.

In this course students will study the theories of life span development from conception to death in light of the changes and challenges that people experience throughout a lifetime. Adjustment will be studied through the lens of developmental and personality theories, social influences, coping strategies and therapeutic interventions. The Diagnostic Statistical Manual will be used as a source for understanding abnormal, maladaptive adjustment. Sequences and patterns of psychological and social development are emphasized. Instruction includes lecture, discussion, and experiential activities (e.g., videos, visiting experts, and role playing). In addition, students are required to complete research using electronic data bases, the Internet, and library resources.

CNSL 549. Research Methods in Counselor. 3 Credits.

The course is designed to assist teachers to develop the desire and the skills to read, interpret, evaluate, and utilize the results of systematic inquiry and empirically developed knowledge in their educational planning and decision making. This implies a positive value orientation towards research generated information as well as an understanding of strengths and limitations of research methodology when compared to other approaches to developing knowledge.

CNSL 551. Educational & Psychological Ap. 3 Credits.

In this course the student will learn the historical perspectives of the nature and meaning of assessment, including social and cultural influences. Basic concepts of standardized and non-standardized testing and other assessment techniques, including norm-referenced and criterion referenced assessment, environmental assessment, performance assessment, individual and group test and inventory methods, psychological testing and behavioral observations used with individuals, groups and specific populations are introduced. Students will experience test administration, scoring and interpretation.

CNSL 558. Career Cnsl & Info Systems. 2 Credits.

In this course the student will examine the theories and techniques of career counseling. Course topic areas will include: theories of career development, techniques of career counseling, assessment instruments utilized in career counseling, etc.

Course Fees: \$20.00

CNSL 560. Crisis Intervention Counsel. 2 Credits.

This course represents an examination of crisis situations and viable counseling interventions based on the application of theoretical models and ethical implications. An understanding of crisis (recognizing and defining crisis), crisis intervention models and implementation of specific crisis intervention techniques and strategies will be explored. The student will understand the counselors' roles and responsibilities as members of an interdisciplinary emergency management response team during a local, regional, or national crisis, disaster, or trauma-causing event.

CNSL 563. Multicultural Counseling. 2 Credits.

In this course the student will gain an understanding of the cultural context of relationships, issues, and trends in a multicultural society. Application of counseling theories and techniques as they apply to the unique concerns and issues of diverse groups (e.g., racial, ethnic, SES, cultural minorities, and special populations) will be examined. A focus of the course includes attitudes, beliefs, understandings, and acculturative experiences, including specific experiential learning activities designed to foster students' understanding of self and culturally diverse clients. Social justice and advocacy for diverse populations will be explored.

CNSL 564. Diagnosis & Treatment in Cnsl. 3 Credits.

This course will explore the diagnostic and treatment processes employed by helping professionals within schools and clinical settings. Students will develop specific skills in the use of diagnostic criteria in the current edition of the DSM in multi-axial diagnosis and the development of treatment plans. The course will explore the paradigms of mental illness and personality disorders with an emphasis on clinical techniques and professional practices used in the evaluation and treatment of clients.

CNSL 565. Marriage & Family Counseling. 3 Credits.

This course will acquaint students with a range of theories used in the diagnosis and treatment of couples and families with an emphasis on approaching clients from a system's based approach. Therapeutic interventions and appropriate treatment applications relative to premarital and marital couples, with and without children, will be introduced with an emphasis on recognizing societal trends and treatment issues related to working with multicultural and diverse family systems (e.g. families in transition, dual career couples, blended families, same-sex couples). Approaches to effective case management and consultation with families, school systems, and other professionals will also be presented.

CNSL 567. Community & Agency Counseling. 2 Credits.

This course will provide an overview of the theory and practice of counseling in human services agencies and other community settings. Emphasis will be placed on the role, function, and professional identity of the community counselor. Principles and practices of community outreach intervention, education, consultation, and client advocacy will be examined.

CNSL 570. Graduate Consultation Course. 3 Credits.

This course is permitted only for master's degree students who have completed all of their coursework but who need additional faculty or staff time. This course may not be used for degree credit. This course provides the Counselor Education student with the option of maintaining graduate status through the Graduate Studies continuous enrollment policy. Prerequisite: All required content course work must be completed and approval of instructor. The course is Pass/Fail.

CNSL 571. Counseling Practicum. 3 Credits.

In this course practicum students will develop skills necessary to apply basic competencies to the establishment of therapeutic relationships, the use of therapeutic communications, and use of influencing skills in helping clients to set goals and implement intervention strategies. The course demands 100 hours of supervised experiences which include 40 hours of direct client contact. Prerequisites include: CNSL 551, CNSL 508, CNSL 517, and permission of instructor.

CNSL 575. Counselor Ed Graduate Seminar. 1-3 Credits.

This course is delivered as a seminar in which students will investigate topics of current concern and special interest in counselor education.

CNSL 590. Special Topics. 1-6 Credits.

CNSL 592. Independent Study. 1-12 Credits.

Provides an opportunity for students to engage in directed research and study on an individual basis rather than in a formal class environment.

CNSL 594. School Counseling Internship I. 6 Credits.

An extended practical experience in school or related setting where the counselor intern acquires 300 hours of knowledge and skills under professional supervision. The intern will acquire knowledge of school and related settings as well as observation and practice in the setting. Prerequisite: CNSL 551, CNSL 508, CNSL 517, and CNSL 571. Must submit and have approval for internship before registering.

CNSL 595. Com/Agncy Counseling Intern I. 6 Credits.

This is the first internship in the counselor education program. The program requires the completion of two supervised internship in the student's designated program area of 300 clock hours each. Each internship is intended to reflect the comprehensive work experience of a professional counselor appropriate to the designated program area. Prerequisite: CNSL 551, CNSL 505, CNSL 517, and CNSL 571 and at least 36 semester credits in the counselor education program; full admission to the program; and program faculty approval is required.

CNSL 596. School Counseling Intern II. 6 Credits.

This is the second internship in the counselor education program. The program requires completion of two supervised internship in the student's designated program area of 300 clock hours each. Each internship is intended to reflect the comprehensive work experience of a professional counselor appropriate to the designated program area. Prerequisites: CNSL 551, CNSL 508, CNSL 517, CNSL 571 and at least 36 semester credits in the counselor education program, full admission to the program, and program faculty approval is required.

CNSL 597. Comm/Agency Cnsl Intern II. 6 Credits.

The second internship in the counselor education program. The program requires completion of two supervised internship in the student's designated program area of 300 clock hours each. Each internship is intended to reflect comprehensive work experience of a professional counselor appropriate to the designated program area. Prerequisites: CNSL 551, CNSL 505, CNSL 517, CNSL 571 and at least 36 semester credits in the counselor education program; full admission to the program; and program faculty approval is required.

CNSL 598. Post Grad School Cnsl Intern. 6-12 Credits.

This post-graduate school counseling internship is restricted to those students who have earned graduate degree in counselor education or a closely related field that included a practicum (100 hours) and a 600 hour internship at a clinical site. This internship requires 600 hours with 240 hours in direct services to students and their families. The internship hours must be completed in the semester enrolled- there are no incompletes or in-progress grades for this course. The post-graduate school counseling internship is intended to reflect the comprehensive work experience of a professional school counselor. Applicants must be admitted to the Counselor Education Program as post-graduate non degree seeking students and must apply and receive program faculty approval for the post-graduate school counseling internship faculty prior to registration.